



Personal Best

Cosmetic and Plastic Surgery Update
Spring 2007

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Spring Seminars

April 26 - Skin Care Academy for Women of Color

- Everyone wants their skin to look its best coming into the summer months. Dr. Bond will introduce the Obagi Skin Care System and will explain how Obagi can help you create a beautiful, new, smooth complexion tailored to the specific needs of darker skin tones. We will also discuss several products designed to remove hyperpigmentation (discoloration), a common problem in African American skin.

May 24 - Just in time for Mother's Day: Mommy Makeovers: Tummy Tuck & Liposuction - What's Right For You?

- After having children, is a Tummy Tuck needed or will Liposuction solve your problem?
- How Tummy Tucks are performed.
- Aesthetic effect of Liposuction
- Special steps to ensure the safety of the procedures.
- Recovery - how long does it take?
- Tummy Tucks after Gastric Bypass surgery.
- Combining a Tummy Tuck with a medical procedure.

June 28 - Breast Implants: Silicone vs Saline

If you're planning to have Breast Augmentation, this is the perfect seminar to help you choose the type of implant that will be used. Now that silicone implants have been approved by the FDA, women are considering the pros and cons of silicone over saline. Questions to be answered are:

- Cost
- Safety of silicone
- Comparative deflation rates
- Size of scar
- Breast symmetry.
- Monitoring after silicone

Procedure of the Month - Juvederm™

As we age, our skin changes. Over time, the natural volume of youthful skin begins to diminish as wrinkles and folds form around the nose, the mouth and above the lips. But, with all of the injectable fillers, you don't have to just sit back and let it happen! Following in the footsteps of collagen, Dermalogen, Restylane® and Radiesse™ is **Juvederm™**, the newest dermal filler approved by the FDA, a smooth consistency gel made of hyaluronic acid—a naturally-occurring substance in your skin that helps to add volume and hydration. **Juvederm™** is injected under the skin to provide a

smooth, natural look and feel—so everyone will notice (but no one will know)! It can be used in the nasolabial areas, marionette lines (lines projecting down from the sides of the mouth), the lips and

crow's feet lines around the eyes. The cost of Juvederm™ is comparable to Restylane®. Since the molecule of Juvederm™ is smaller than the other fillers, it can be injected through a smaller needle for greater patient comfort. Our patients have been pleased with the soft feel of **Juvederm™** under the skin. The injection process takes only about 15 minutes and results are immediate and last about six months. It requires no allergy skin test and recovery and downtime are minimal. So you can step into your doctor's office for treatment and step right back into your life.

Juvederm™ is available in two formulations—**Juvederm™ Ultra** (similar to Restylane®) for versatility in contouring and volumizing facial wrinkles and folds, and **Juvederm™ Ultra Plus** (similar to Radiesse™), a more robust formulation for volumizing and correcting deeper folds and wrinkles. With the choice of formulations, Dr. Bond can tailor the treatment to meet your unique needs.

To welcome **Juvederm™** to our stable of magic tricks we are offering a 10% discount on first-time **Juvederm™** users in April, May and June.

New Obagi Line - Clenziderm

For the last year, we have been offering the Obagi Skin Care Systems, NuDerm and CRX. Patients (and our Office Staff) have been very pleased with the results: softer, smoother, brighter skin, removal of fine lines, age spots, sun damage and hyperpigmentation.

The newest addition to the Obagi line is Clenziderm which is geared toward acne prone skin. This three-step program includes a salicylic acid cleanser to remove dirt and excess oil, a pore therapy component to unclog pores and clear dead skin cells while preparing skin to deeply absorb a liquified serum

gel which targets acne at its source. Both products contain menthol to cool and calm irritated skin. The final component is the serum gel which delivers

liquified benzoyl peroxide deep within the pores to quickly clear acne and help new breakouts from occurring. Jessica, in our office, will be using this new skin care line.

AI Eyelash Is Back!

After several months of being temporarily off the market, the re-named Jan Marini Age Intervention Eyelash Conditioner is back on the market and back in stock in our office. Patients and Office Staff who've tried this product are absolutely hooked! Thin, sparse lashes have been transformed into long, lush, thick lashes, a beautiful frame to Spring-fresh eyes. If your lashes could use a lift, ask us about this miraculous product which comes with a money-back guarantee.

Dr. Bond Takes Care

As requested by many of our patients, we are now accepting CareCredit as a form of payment for surgeries. This convenient Revolving Charge is accepted by many doctors, dentists and even veterinarians. Imagine a credit card you can use to finance a Tummy Tuck, Lasik Surgery, Teeth Whitening or kitty's hairballs without having to apply for a loan!

High Praise

If you're looking and feeling fantastic after your surgery, don't just thank Dr. Bond in person, please write a recommendation on her page on the LocateADoc website. Prospective patients love to read the comments and experiences of our existing patients.

Happy Mother's Day

Our best wishes to all of the Moms. Drop a hint to your nearest and dearest for a Gift Certificate for a Tummy Tuck, a highly appropriate gift for a deserving Mother.